

## **Self Advocates Becoming Empowered**

(SABE) of Boulder & Broomfield Counties is part of a national self advocacy group. SABE started because people with intellectual & developmental disabilities were isolated and segregated, and our voices were not being heard.

## Next Meeting—January 28th 2020 Join us to:

- Share stories and get to know other self advocates
- Learn about advocating for yourself
- Hear about community resources
- Talk with legislators & leaders about system change
- Meet self-advocates from across the state at quarterly meetings



Date: We meet on the 4th

Tuesday of every month

**Time**: 5:00pm – 6:30pm

## Where:

First Evangelical Lutheran Church—Fireside Room

803 3rd Avenue

Longmont CO 80501

Refreshments: Snacks and

beverages

## **RSVP:**

Ailsa (303) 527-0888 x223

awonnacott@aclboulder.org