

# SELF ADVOCATES BECOMING EMPOWERED

**Self Advocates Becoming Empowered (SABE)** of Boulder & Broomfield Counties is part of a national self advocacy group. SABE started because people with intellectual & developmental disabilities were isolated and our voices were not being heard.

## Join us to:

- ♦ Share stories and get to know other self advocates
- ♦ Learn about advocating for yourself
- ♦ Figure out how systems work
- ♦ Hear about community resources
- ♦ Lead system change

**~ Next Meeting is October 4th ~**  
**Voting ~ with Disability Law Colorado**  
**2020 Census ~ with The US Census Bureau**



Self advocates meeting with Colorado Representative Singer

**Date:** We meet on the first Friday of every month

**Time:** 5:30pm – 7:00pm

**Where:** Sister Carmen  
Community Center  
655 Aspen Ridge Drive  
Lafayette CO 80026

**Refreshments:** Drinks and light meal

## RSVP:

Ailsa (303) 527-0888 x223

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